HEART OF THE **MATER**

A look at the life-saving difference YOU make!



WINTER NEWSLETTER 2024

"I couldn't talk, I couldn't walk up the stairs... I had no hope left in my heart" —

How Your Kindness Gave Yvonne Her Life Back...

If you've ever felt breathless, unable to take enough air into your lungs, you know how scary it feels. Before Yvonne came to the Mater, she'd all but resigned herself to 'dying young'. This is how your kindness gave Yvonne back her hope, and so much more...

hances are you have an Yvonne in your life — caring, friendly, always on the go, and LOVES a chat...

But it wasn't long ago that Yvonne could barely speak. "I couldn't talk to you now without having to stop for breath."

For years, Yvonne's been living with 'chronic obstructive pulmonary disease' (COPD) — a progressive lung disease. "I became very down. To be perfectly honest, there were times I just didn't want to go on."

A glimmer of hope, thanks to you

"I knew it in my heart, I'm going to die young," says Yvonne. But that was before she met Professor Karen Redmond, one of the Mater's incredible lung surgeons...

"She listened," says Yvonne. "Nobody else had listened to me like that. I came out of there skipping. The Mater gave me such great hope."

It's easy to forget this. But every day



"You've given me a good 50% of my life back. Just being able to go to the shops with my girls, I'm so so grateful..."

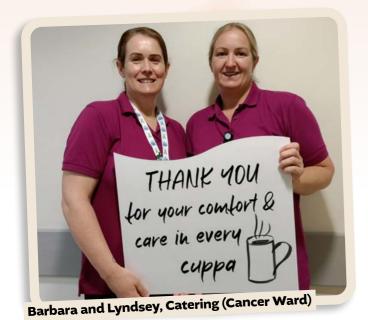
inside the Mater's wards and walls, you help give people like Yvonne hope of a brighter tomorrow.

Prof. Redmond suggested 'Lung Volume

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Your Generosity. Our Gratitude...

Heartfelt messages of thanks from Mater staff and patients for your compassion, concern and steadfast belief that every patient matters...



Thank you so much for your kindness. You make a huge difference to patients...

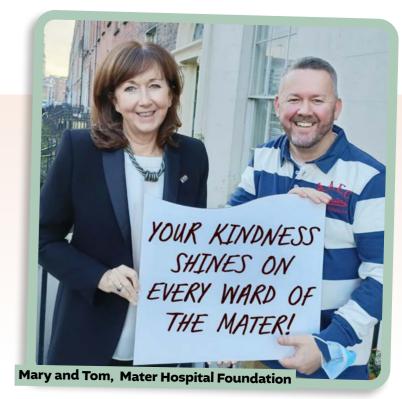
... it can be a very frightening and stressful experience coming to hospital, especially for patients with dementia. That older patients can come to an age-friendly ward like this, it means so much..."

~ Brian, Elderly Day Care Nurse











It's hard to overstate the difference your support makes. Your help and generosity are a part of what the Mater is — a historic part of what the Mater is. All of us in the ICU are so appreciative of your help."

> ~ Dr Colman O'Loughlin, Critical Care Consultant







At the Mater, I felt safe.

I'm extremely thankful to every person who helped me survive this..."

~ Martin, liver & heart transplant patient





Brian, Elderly Day Care Nurs

I don't think I'd be here today without the Mater. Really, I don't.

YOU

(THANK YOU!)

I can't thank you enough for your care and kindness.

~ Kathleen, cancer patient



For your heart full of empathy, your sense of compassion, your spirit of generosity, and for being the heart of our hospital... Thank you!

Yvonne's precious gift from you... a new life. Thank you!

Continued from cover...

Reduction' surgery to help with Yvonne's breathing. Recovery was hard. But your generosity means the Mater can provide the very best patient care.

Yvonne knows this because she's felt it herself, and she can't thank you enough...

"The nurses and team here are amazing. You can tell they really care about their patients."

A second chance

Yvonne has recovered from surgery and is making the most of every single day... "I've got colour in my cheeks again.

And I can walk and talk! COPD is a progressive disease, and I don't know how long my lungs will last, but for every day I have on this planet, I'm grateful."

Like so many who have felt the power of your generosity at the Mater, Yvonne wants to give back.

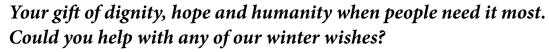
Her ambition? To run a marathon for the Mater Hospital Foundation and help others just as you've helped her.



"I can talk again! My girls will tell you there's no shufting me up now! I'm so grateful to you"

Thank you for the precious hours of hope and healing you give.

The Mater Winter Wish List





BIG WISH!



Patient Essentials Pack — Cost: €50 each (200 needed)

But for your kindness, some patients might leave hospital with nothing but the clothes they arrived in. A patient pack from you provides clean clothes and essentials to ensure the dignity of patients in poverty.



Wheelchair — Cost: €1,007 each (15 needed)

Put simply, there are not enough wheelchairs at the Mater. Will you help us buy some sorely-needed new wheels?



Mobile Skin Cancer Theatre Light — Cost: €4,932

We urgently need a new mobile skin cancer theatre light so we can see and treat more people... more cancers. It's a big wish, but can you help?

Grant a wish using the reply envelope enclosed or at materfoundation.ie/donate — Thank you!



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