

## Annual Report 2013



*Advancing Care Together*

# Care

# Impact

# Trust

# Research

## Our Mission

The Mater Foundation believes that healthcare is a basic human right and strives to raise funds on behalf of The Mater Misericordiae University Hospital to enhance patient care and act as responsible stewards of the resources we raise.

## Our Key Values

- Enhance patient care.
- Be transparent and accountable.
- Respect and value people.

## The Chairman & CEO's Message



### Highlights of the year include:

- Elan's €300,000 donation to the Neurological Appeal at the Mater Foundation, part of a €1.5 million commitment over five years.
- Grants awarded to The Maurice Neligan Heart & Vascular Hybrid Theatre, €650,092; the Family Heart Screening Clinic, €292,779 and BreastHealth Mater, €218,992; among others.
- Enabling donations of €940,991 from patients and families direct to accounts for specific wards and clinics in the hospital.

The Mater Foundation is making a direct and positive impact on patients' lives, some of which are highlighted on pages 4 & 5.

We wish to thank the staff in the hospital, our supporters and volunteers. The Mater Foundation's success and achievements are due to your dedication and tremendous contribution.

We look forward to continuing this great work towards improving all aspects of care for patients of the Mater Hospital in 2014.

Thank you.

**Declan McCourt,**  
*Chairman*

**Mary Moorhead,**  
*Chief Executive*

## Welcome

Enhancing patient care at the Mater Misericordiae University Hospital is the driving force behind everything we do. This annual report presents the key financial information for 2013. It sets out how the Mater Foundation funds were spent to progress patient care. This includes the purchase of state-of-the-art equipment, enhancing facilities and developing special programmes to help the Hospital deliver first class medical care.

Over €2.4 million was allocated to wards and clinics in the hospital. Thanks to our volunteers, supporters and partners, we achieved our goals despite huge challenges in the economy and the bad publicity surrounding some organisations in the charity sector.

Our total income for 2013 was just over €3.5 million, which we raised from fundraising, trusts & foundations and donations. This is a decrease of 12% over 2012 but was a major achievement at a time when the community and voluntary sector overall experienced decreases of between 11-25%.

## How lives are changed

### Coaguchek restored normality in my life!

"Coaguchek is a small device with a big impact. Let me explain my route to taking daily Warfarin. Due to cancer I had a very successful bone marrow transplant in 2001, followed by years of chemotherapy and now regularly attend for immunoglobulin treatment. Through the years I remained a firm believer in being independent, walking with cancer rather than negatively battling it, and embracing everything life has to offer.

Then, in April 2013, I suffered a stroke. I found the experience very different and personally more challenging. Lifelong Warfarin with its inevitable regular monitoring entered the arena. I felt a small erosion of my independence and a chipping away at my confidence. Weekly visits to the clinic became part of my life and I began, for the first time, to feel like a 'patient'.

When Dr Fionnuala Ní Ainle mentioned Coaguchek, I jumped at the opportunity. It is simple to use – a quick check and then a reassuring phone call to the Mater Warfarin Clinic for my dosage and advice. No more traffic jams or parking difficulties. A few weeks into using it, I am extolling its virtues to everyone! Psychologically, I am back in the driving seat and the best testament to the value of this device is that I am writing these few words from holidays in France. Having freedom to travel, to be myself – what more could I ask? It is simply great!"

**Pat O'Riordan**

Patient at the Mater Hospital

### Family rooms transform care

"Many families spend long hours in the hospital with relatives who are dying or seriously ill. By creating family rooms, we can offer a dedicated space with privacy and dignity during this difficult time. The benefits are enormous.

The family rooms funded by the Mater Foundation on St Joseph's and St Vincent's Wards show that it is possible to create welcoming and comfortable spaces that improve both quality of care and the patient experience. Both family rooms have a calm, comfortable, relaxed and uplifting environment, which helps to reduce stress and enhances the care experience of patients and families in these wards.

We would like to thank all those involved in creating the rooms, especially the families who generously donated the vital funds to the Mater Foundation. Our goal now is to replicate this model in all ward areas, so that every patient and family can have a place of sanctuary to meet and discuss their concerns in privacy and dignity with hospital staff."

**Diarmuid O'Coimin,**

End of Life Care Coordinator, Mater Hospital

**"511 patients were seen in the Family Risk Assessment Service for breast cancer since the service started in 2012, thanks to funding from the Mater Foundation. Most high-risk patients are under 50 years of age."**

## A new lease of life



*Sarah Jordan, in full health following a heart transplant in May 2012, with her brother Lt Gary Jordan and her mother Mary launching the Have a Heart fundraiser in 2013 for the Mater Foundation's Heart & Lung Appeal*

"Being in hospital for three months was unfortunate but I saw first-hand the long hours and great work the doctors and nurses put in. I know that funding is vital to make life more comfortable for patients and to get badly-needed new equipment for the Heart & Lung Unit. My family and friends have been fantastic at helping me to fundraise. I know along with other fundraisers supporting the Heart & Lung Appeal, we have together helped to buy 10 electric beds. These beds will enhance the care and comfort of patients, as well as giving them greater independence, which is crucial during a long stay in hospital."

**Sarah Jordan,**

Heart transplant patient, Co Cork.

## The joy in volunteering

"I never feel I'm working because I'm doing something I really enjoy – helping others makes you feel good, and I know that I end up benefiting from volunteering just as much as the people I'm helping. I've gained so much – I'd recommend anyone to get involved in volunteering with the Mater Foundation."

**Jack,**

Dublin 3

### Offering hope to cancer patients

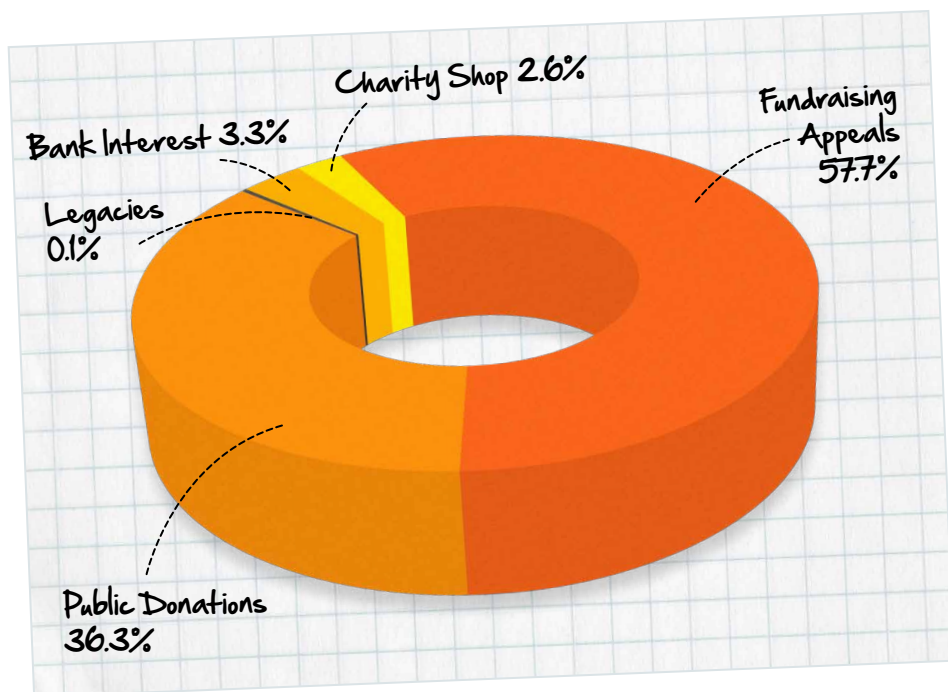
"In 2013, the Mater Foundation part-funded a HIPEC perfusion system for the Mater Hospital. This machine allows us to treat patients with a specific type of cancer that is extremely difficult to treat effectively. The Mater is the first hospital in Ireland to offer it. This new aggressive treatment can significantly increase survival, improve quality of life, and potentially offer a cure. It involves surgery combined with a special type of chemotherapy known as HIPEC. Since its arrival, we have treated a number of patients with significant success and it is wonderful to offer hope to our patients. I would like to thank all those who donated to the Mater Foundation and helped to fund this vital piece of equipment".

**Mr Jurgen Muslow,**

Consultant Colorectal Surgeon

# How we raised money in 2013

2013 was a really challenging year for charities. Our total income was down 12% - at the lower end of the average fall in income across the sector. We succeeded in meeting all our commitments.



Our Heart Appeal saw an increase of 34.5% in 2013, thanks to corporate support and community fundraising.

## Legacies

**€6,384**

The gifts people leave us in their Will are of huge benefit to the Foundation as it is a vital source of income allowing us to plan for the future.

## Direct Marketing

**€755,595**

This includes funds raised through cash donations from a direct ask to support our crucial work.

## Fundraising Events & Campaigns

**€619,462**

We run many campaigns annually to raise not only vital funds for some of our key areas but to also raise awareness of life threatening illnesses. We hold a series of events throughout the year to raise funds to directly support these projects.

## Trust and Corporate Income

**€1,322,088**

Corporate donations, including staff fundraising and sponsorship and donations from charitable trusts and Foundations are vital to our work.

## General Donations

**€167,233**

Unsolicited donations from individual members of the public are pivotal to our work.

## Community Fundraising

**€364,843**

Community Fundraising donations are raised by dedicated volunteers who run events for the Mater Foundation in their local community and are essential in not only raising funds for our projects but in helping spread awareness of the great work we do.

## Charity Shop

**€92,751**

Our Charity Shop on Dorset Street is a vital source of income which is run by Sr Gerard Egan and her volunteers, with all funds going towards patient care within the hospital.

## Other

**€275,444**

The Mater Foundation is delighted to receive further income through additional sources such as banking interest which helps us in increasing our total income for the year.

# Summary of Financial Statements

## Income and Expenditure 2013

	2013	2012
Income	€	€
Public Donations	1,306,158	1,398,340
Legacies	6,384	189,907
Mater Hospital Charity Shop	92,751	89,895
Fundraising Appeals	2,011,315	2,135,681
Gift in Kind	67,750	30,000
Bank Interest	119,442	184,295
	<b>3,603,800</b>	<b>4,028,118</b>
Expenditure		
Mater Hospital Grants & Support	2,479,971	2,508,877
Administration Costs	422,722	410,701
Car Park and Charity Shop	33,911	77,896
Costs of Generating Funds	850,193	965,206
Governance Costs	7,650	17,583
	<b>3,794,447</b>	<b>3,980,263</b>

## Balance Sheet

	2013	2012
Current & Fixes Assets	€	€
Fixed Assets	206,784	207,587
Current Assets	5,071,099	5,548,518
Current Liabilities		
Creditors	(1,446,015)	(1,733,590)
Net Assets	3,831,868	4,022,515

## How funds were spent

### Healthcare



**€566,339**

In exceptional cases we help fund Mater specialist nurses, doctors and other healthcare professional posts.

### Research & Education



**€303,783**

We help to fund staff training and education, which enhances front line support to patients, families and carers. We also fund cutting-edge research to help bring the work from the laboratory to the patient, as well as helping to bring international research to the Mater.

### Genetics



**€50,370**

We firmly believe that genetics is the future of diagnosis, treatment and care. We are delighted to support the work of Dr David Gallagher and his team.

### Medical Equipment



**€956,410**

We were delighted to fund pieces of essential equipment that allow health professionals to work with the best equipment possible, including funding towards a new Hybrid Theatre and a new Solar System.

### Provision to Enhance Patient Care



**€603,069**

We fund a number of different initiatives that meet our goal of enhancing the care given to patients who are treated in the Mater Hospital.

Thank you for enhancing patient care; funding cutting-edge research and enabling the Mater Hospital to deliver the best possible medical treatment available.

**Total grants & support to hospital  
€2,479,971**

## Our 4 Pillars of Work

Thanks to the support for the Mater Foundation in 2013, through fundraising, trust & foundations and donations, life-changing health care has been made possible. Here are some examples of how funds have been used to advance care, treatment, diagnosis and research at the Mater Hospital.

### Care



In 2013 the Mater Foundation funded a small number of **nursing positions** throughout the Mater Misericordiae University Hospital.

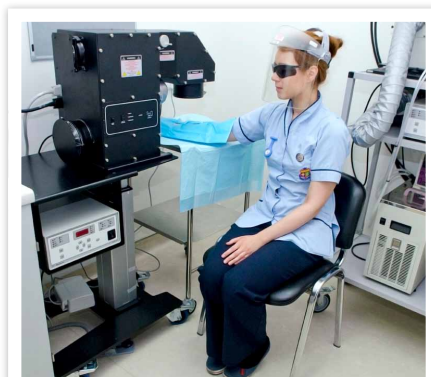
Nurses funded by the Mater Foundation worked in a number of departments including Palliative Care, Breast Cancer Care and the Family Heart Screening Clinic.

Nurses are the backbone of acute hospitals. They are a huge contributing factor in making the Mater Hospital a Centre of Excellence. The nurses funded by the Mater Foundation offer exceptional care and support to patients and their families; often at extremely difficult times. Nurses often

go beyond the call of duty to ensure that a patient is as comfortable and peaceful as possible.

We are delighted to support these vital roles that are outside the remit of the HSE and would otherwise not be possible.

### Treatment



A new **Solar Simulator for Dermatology** means patients no longer have to travel to the UK as was previously done. Solar Simulator testing has been available in the Mater Hospital for 20 years.

The Mater Dermatology Department provides a national service for photosensitivity testing, treating children

and adults from all over Ireland. This is the only definitive test diagnosing photosensitivity and is essential in providing high quality care for patients suffering from debilitating photosensitive disorders such as Lupus, Dermatitis, Psoriasis and Eczema.

### Diagnosis



In 2013 we part funded a state of the art **3 Tesla MRI Scanner**. This scanner was badly needed, particularly for breast cancer and neurology patients. Providing this new scanner has also reduced waiting times for patients in urgent need of diagnosis.

In women with a high inherited risk of breast cancer, research shows that an MRI scan is more sensitive than a mammogram for finding breast tumours. The image quality with the 3 Tesla MRI scanner is superb and it is technically one of the best quality scanners in Ireland. It gives clearer images of the tumours, thus allowing more accurate and effective treatments.

### Research



**The Family Heart Screening Clinic** is funded entirely by donations to the Heart Appeal at the Mater Foundation. On average, 50 young people under 35 years of age die suddenly and unexpectedly due to cardiac disease or SADS each year in Ireland.

The Family Heart Screening Clinic at Heart House is **a hub for research and advocacy** on unexpected and/or unexplained sudden cardiac deaths, as well as research and advocacy on inherited cardiac diseases.

In 2013, Dr Catherine McGorrian published research findings from her work which found that in keeping with international estimates, 30% of families of SADS victims were found to have a potentially inherited cardiac disease. This research highlights the Clinic's **lifesaving work** funded by the Mater Foundation.

## Expert Care for the Future

### Dear Supporters,

The Mater Foundation has helped the Mater Hospital push boundaries and improve standards of health care excellence in the last decade. As we look forward, we are committed to making even greater leaps in research, diagnosis, treatment and care.



We hope to raise our target total of €1.5million through our Cancer Appeal to equip St Vincent's Day Ward, our new Cancer Day Ward at the Mater Hospital, which will comfortably accommodate over 8,600 patients who come through to receive treatment each year. It's an exciting project and will be an excellent addition to our cancer services.



We look forward to launching the Spinal Injuries Unit Appeal, a new appeal, to raise



funds for vital equipment. Also early in 2014 we plan to open the Maurice Neligan Heart & Vascular Hybrid Theatre. It will be the first of its kind in the country. The theatre will transform the way we care for Ireland's cardiac patients. Cardiac radiologists, vascular surgeons and cardiac surgeons will now be able to give a patient the care they need in one theatre. For patients, it means fewer anaesthetics, fewer operations and less time in hospital.

We hope to launch the Men's Cancer Alliance (MCA) with two other charities The Mercy Hospital Foundation in Cork and Cancer Care West in Galway. The MCA will aim to create awareness about men's cancer, treatments and supports available and also to raise funds for men's cancer support initiatives. Additional plans include a new Legacy Campaign in mid-2014.

Thank you for continuing to support this valuable and important work for the future. As always through our fundraising, we strive to raise as much unrestricted income as possible for the hospital on top of giving vital support via our existing appeals.

### The Mater Foundation Team

## What makes our care unique

The Mater Hospital is the only hospital in the Republic of Ireland that performs heart and lung transplantation. This successful appeal, launched in 2012, brings together the National Centre for Cardiothoracic Surgery with Heart and Lung Transplantation. Our stronger fundraising focus enables us to benefit all the wards involved.

The Appeal has enabled us to provide vital equipment, support essential training and education and enhance patient care and support. In 2014 we hope to continue raising funds for this appeal so it can help more people like Sarah who you read about earlier.

Our focus in 2014 is towards the purchase of new equipment for delivering ground-breaking breast reconstruction surgery for women suffering from breast cancer. When in place, the surgery possible with this equipment will give Mater patients the best possible treatment available internationally and we will be the only hospital in Ireland to offer it.

The equipment will be used for taking fat from the abdomen or thighs and injecting it into the breast in the area of the

deformity caused by surgery. The results from fat transfer are fantastic for patients after cancer treatment.

The Family Heart Screening Clinic at the Mater's Heart House has been providing comprehensive cardiac evaluation in a family based manner since its opening in 2007. We hope that going forward the Mater will perform genetic counselling and obtain consent and samples through the Mater Phlebotomy Department directly.

Our plan is to propose that a scientist spends a period of 3 months working at a chosen gene sequencing laboratory abroad to be trained and allow us to start performing gene sequencing in the Mater Pathology Department. This is a very exciting development for The Family Heart Screening Clinic.

Finally, we are really excited to move forward with the Blue September Ireland Campaign and have Vhi Healthcare sponsoring it for a second year. This means we can look forward to helping more men fight cancer.



## A bit more about us

The Mater Foundation was set up in 1985. It is a **registered charity** and is a company limited by guarantee. We are autonomous and not a subsidiary of the Mater Misericordiae University Hospital.

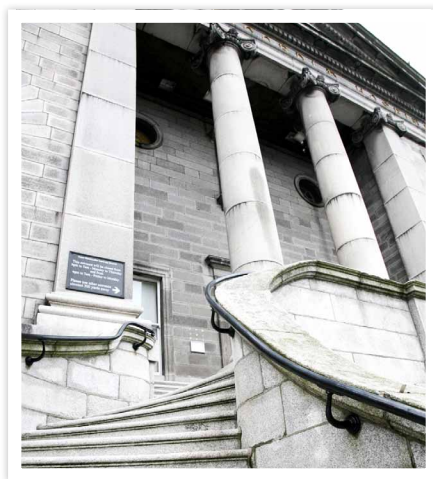
The company has charitable status (Registered Charity No: CHY 9768) and all income is used for the promotion of our charitable objectives.



The **voluntary Board of Directors** (Council Members) meet a minimum of four times a year and have overall responsibility for the strategic development and policy of the company. The Directors, all of whom are non-executive, are drawn from **diverse backgrounds in business and the professions** and bring a broad range of experience and skills to the Council. The secretary also sits on the committee but has no voting rights.

The Board of Directors is responsible for providing leadership, setting strategy and ensuring control.

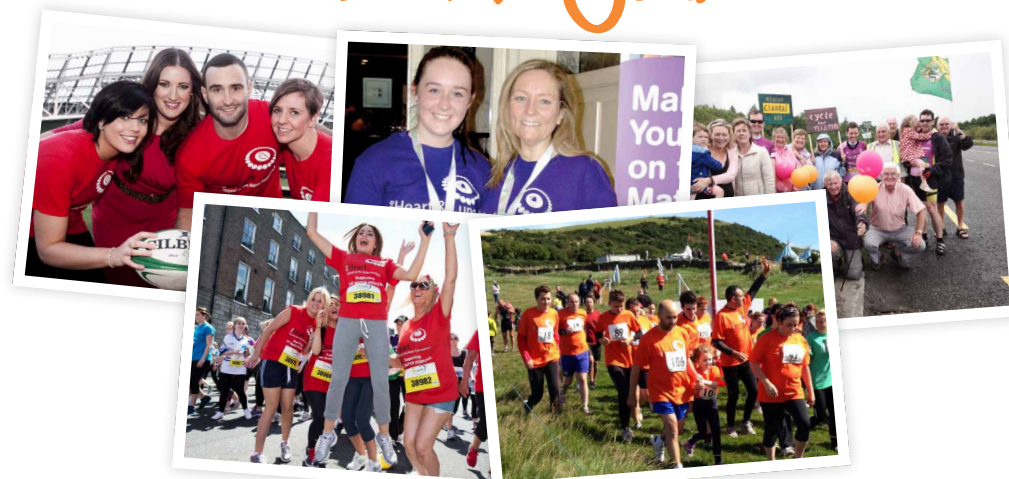
The Chief Executive manages the operation of the company and is responsible for the day to day management of the office including the recruitment and supervision of staff.



The Mater Foundation believes in the need to attract the **best professional fundraising staff and committed volunteers** to achieve our vision and objectives. We allocate resources annually towards staff training and development.



## Thank You!



### Donors

Thank you to each and every one of our donors for your contribution to the work of the Mater Foundation in 2013.

### Volunteers

We are extremely grateful to our volunteers for your tireless efforts on behalf of the Mater Foundation. Know that you greatly benefit patient care in the Mater Hospital.

### Friends of the Mater

A sincere thanks to the Friends of the Mater committee for all your hard work, in particular selling Christmas cards and organising events.

### Mater Charity Shop

A special thank you to Sr. Gerard Egan and all the volunteers who generously give their time in the Mater Charity Shop on Dorset Street, and to everyone who has donated to the shop.

### Hospital Staff

Thank you for generously giving your time, your valuable feedback and actively supporting fundraising initiatives for the hospital.

### Council Members

We would like to thank the Mater Foundation Council Members and ordinary members for their on-going commitment and dedication in shaping the direction of the Mater Foundation:

- Mr Declan McCourt (*Chairman*)
- Mr Joe Bannon
- Ms Anne Carrigy
- Mr Mark Moran
- Ms Eimear Mulhern
- Prof Conor O'Keane
- Prof Pat Wall
- Ms Marian Gale
- Prof Brendan Kinsley (*ordinary member*)
- Mr Joe MacAvin (*ordinary member*)



The Mater Foundation  
53-54 Eccles St  
Dublin 7

Tel: (01) 830 3482  
Fax: (01) 830 5201  
E-mail: [contact@materfoundation.ie](mailto:contact@materfoundation.ie)

**[www.materfoundation.ie](http://www.materfoundation.ie)**



[www.facebook.com/materfoundation](https://www.facebook.com/materfoundation)



[@TheMaterFoundat](https://twitter.com/TheMaterFoundat)